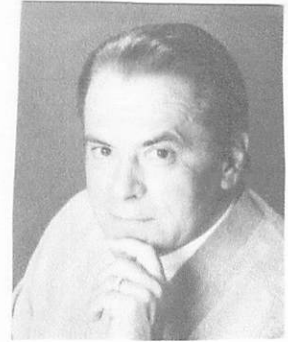




*Transpersonal Training*  
PRESENTS



# **EVERYTHING YOU'VE ALWAYS WANTED TO KNOW ABOUT HOLOTROPIC BREATHWORK...**

**...AND HAVEN'T ASKED YET**

A SIX-DAY WORKSHOP WITH

# **STANISLAV GROF**

**& DIANA MEDINA & GTT STAFF**

**August 9 - 14, 2009      The Columbine Inn, Taos Ski Valley, NM**

**With hotel room and delicious catered meals, \$1325 for a double or \$1600 for a single room**

**Stanislav Grof will teach the first two days. Following that, Diana Medina, with GTT staff, will lead the remainder of the module, including four Holotropic Breathwork sessions, plus discussion, integration and support, art, music, dance, and community with seekers from around the world.**

Whether you have been involved with Holotropic Breathwork for a long time or are completely new to it as a practice for inner exploration, this two-day stretch with Stan, followed by your own HB sessions, is sure to provide you with fresh information, unique perspectives, and interesting and useful tools to apply to your own inner work and, if applicable, your work with others.

For many of us, our favorite part of being with Stan, whether it's at a workshop or training, the Q&A of a conference presentation, or informally over a meal, is asking or hearing others ask him questions. Then we get to sit back and listen to the deep insights and enlightening information that emerges from his extraordinary bank of knowledge, understanding and experience.

Questions can include anything from the origins, philosophy, theoretical underpinnings, and use of Holotropic Breathwork; specifics such as what you've experienced with your own process or in practice; possibilities for how it could best be used in society, both present and future; and more.

For over 50 years, Stanislav Grof has been a pioneer in the understanding and application of non-ordinary states of consciousness. He has accompanied thousands of seekers on their Holotropic journeys of self-discovery. His work has been lauded by Joseph Campbell, Abraham Maslow, and nearly every contemporary scientist and philosopher in the field of transformation of consciousness. A longer bio for Stan, his publications, and bio for Diana are at [www.holotropic.com](http://www.holotropic.com).

**No prior experience with Holotropic Breathwork is necessary.** For those seeking certification as a Holotropic Breathwork practitioner, this is one of the elective modules.

**GROF TRANSPERSONAL TRAINING**

**415 383-8779**

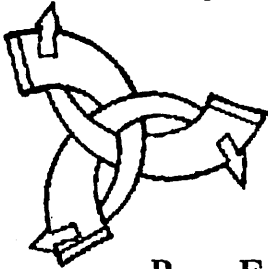
**[gtt@holotropic.com](mailto:gtt@holotropic.com)**

**[www.holotropic.com](http://www.holotropic.com)**



*Transpersonal Training presents*

# ***THE VESSELS OF SOUL'S WISDOM A JOURNEY THROUGH THE THREE CAULDRONS***



A SIX-DAY WORKSHOP WITH  
**CAIT BRANIGAN**



**Bean Feasa (Shamanic Practitioner in the Irish tradition) and Healer  
& DIANA MEDINA**

**November 8 - 13, 2009      The Columbine Inn, Taos Ski Valley, NM  
With hotel room and delicious catered meals, \$1375 for a double or \$1610 for a single room**

The Three Cauldrons are the repositories of our vital essence, our life-force, and our Spirit. They contain our soul's vitality, creative energies, and experiences as it travels through life. They fuel our vocation and capacity for wisdom.

Through art, sound, and dance, participants will have the opportunity to explore shamanism as a spiritual practice and the role of the shamanic journey. Our aim is to ensure the clear and free-flowing nature of our essence and energy through the body. We will explore each Cauldron using journey, chant, and ceremony to discover that which lies within.

Participants will also develop the ability to use shamanic techniques to help access and express their own sources of inspiration for use in living creatively, freely, and fully from the heart. Cait will be with the group for the first two days of the workshop.

**Cait Branigan** is an Ordained Priestess of the Western Mystery Tradition, a Bean Feasa (Shamanic Practitioner) and Healer working within the traditions of Ireland. She works with individuals at her healing centre in Co. Wexford. She also teaches groups and conducts ceremonies throughout the country and abroad in the area of Women's Mysteries, and facilitates Rites of Passage and sweat lodges within the Irish Tradition. She is an Ovate with the Order of Bards, Ovates and Druids and a member of the Fellowship of Isis.

**Diana Medina**, senior staff member and international workshop leader, will lead the remainder of the workshop, including four Holotropic Breathwork sessions, plus discussion, integration and support, art, music, dance and community with seekers from around the world.

**No prior experience with Holotropic Breathwork is necessary.** For those seeking certification as a Holotropic Breathwork practitioner, this is one of the elective modules.

**GROF TRANSPERSONAL TRAINING**

**415 383-8779**

**gtt@holotropic.com**

**www.holotropic.com**