

Grof Transpersonal Training presents
a six-day workshop with

Stanislav Grof, M.D.

SPIRITUAL EMERGENCY: Understanding and Treatment of the Crises of Transformation

Understanding spiritual emergency is one of the major contributions of the Holotropic perspective. Whether you are a professional or a layperson, someone interested in working with people in transformation crises, or primarily in your own growth, this module offers a rich experience and valuable information. In addition to differentiating between psychosis and spiritual emergency, we'll also explore the intensely practical aspects of who, in these kinds of crises, can benefit from Holotropic Breathwork, and how best to work with them in their emergencies. The workshop includes discussion of the concept of spiritual emergency, its manifestations and forms, historical and anthropological perspectives, treatment strategies, and work with family and friends.

Stan is present for two full days of teaching, with the other days led by GTT senior staff person Diane Haug. The workshop includes Holotropic Breathwork sessions, as well as art, music, dancing, & integration. No prior experience of Holotropic Breathwork is needed. Join participants from around the world for this exciting adventure of transformation and self-discovery.

February 11-16, 2007

Joshua Tree Retreat Center, Joshua Tree, CA

Includes five nights lodging in and catered meals.

CE Units available for MFT and Social Work in California & reciprocal states

Stanislav Grof, M.D., is a psychiatrist with over fifty years of experience researching non-ordinary states of consciousness. He was born in Prague, Czechoslovakia, where he also received his scientific training. His professional career includes seven years as Assistant Professor at the Johns Hopkins University, and Chief of Psychiatric Research at the Maryland Psychiatric Research Center, as well as fourteen years as Scholar-in-Residence at the Esalen Institute. He is one of the founders and chief theoreticians of transpersonal psychology and a founder of the International Transpersonal Association. Among his publications are over 100 articles in professional journals and the books *Psychology of the Future*; *The Cosmic Game*; *The Adventure of Self-Discovery*; *Beyond the Brain*; *Realms of the Human Unconscious*; *The Human Encounter with Death*; *LSD Psychotherapy*; *Beyond Death*; and *The Stormy Search for the Self* (the last two with Christina Grof).

To register or for more information: *Grof Transpersonal Training*
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SHAMANISM

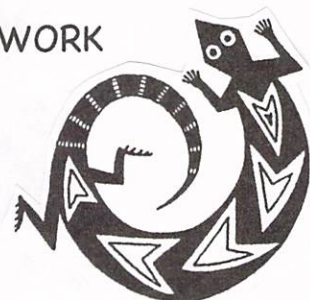
ARCHAIC TECHNIQUES OF HEALING AND ECSTASY

A SIX-DAY WORKSHOP WITH HOLOTROPIC BREATHWORK
CEUs AVAILABLE

LED BY DIANE HAUG

FEBRUARY 18 - 23, 2007

Joshua Tree Retreat Center, Joshua Tree, CA



SHAMANISM IS THE MOST ANCIENT OF HUMANKIND'S SPIRITUAL, MEDICAL, AND PSYCHOLOGICAL DISCIPLINES. A VISIONARY TRADITION, SHAMANISM IS A PRACTICE UTILIZING ALTERED STATES OF CONSCIOUSNESS TO CONTACT THE SPIRITS OF THE NATURAL WORLD. WITH LIFE ON OUR PLANET IN DANGER - LIFE OUT OF BALANCE - SHAMANIC CULTURES HAVE MUCH TO TEACH WITH THEIR RESPECT AND REVERENCE TOWARD NATURE.

THIS WORKSHOP WILL PROVIDE A BROAD INTRODUCTION TO SHAMANISM AS IT RELATES TO BOTH OUR PERSONAL HEALING JOURNEY AND MODERN PSYCHOLOGY. IN ADDITION TO USING HOLOTROPIC BREATHWORK AS AN EXPERIENTIAL TOOL FOR EXPLORING THE HEALING POTENTIAL OF NON-ORDINARY STATES OF CONSCIOUSNESS, THIS WORKSHOP WILL INCLUDE THE USE OF MEDITATION, GUIDED JOURNEY WORK, MOVEMENT, SILENT TIME IN NATURE, AND MASK MAKING.

DIANE HAUG, MA, LPCC, a senior member of the Grof Transpersonal Training staff, is a psychotherapist living in rural northern New Mexico. Over the last years she has been deeply involved with the international breathwork community participating in Grof training events in Scandinavia, Russia, South America, and Europe. Since the fall of 1999, Diane has offered the GTT module on Shamanism.

Diane's background includes a decade of work with the dying, as well as a seven-year cycle living alone, in 'voluntary simplicity', in a wilderness setting. Her intimacy with the mysteries of life/death/rebirth and with the power of the natural world has informed her interest in shamanism and the wisdom traditions of earth-based people. Diane has had a wide variety of experiences with traditional healers from North America, Brazil, and Peru. She is also interested in contemporary neo-shamanic practices. She has been a speaker at conferences in several countries. It is her great pleasure to weave together ritual, deep experiential work, intimacy with the natural world, and mask making around the theme of shamanism.

To take part in this event, please contact Grof Transpersonal Training
Phone: 415 383-3778 Fax: 415 383-0965 email: gtt@holotropic.com
Website: www.holotropic.com

Grof Transpersonal Training Presents

The Ringbearer and Moving Toward Wholeness:

Transformation in the Lord of the Rings Film Trilogy

with GTT Director *Tav Sparks*

May 20 -25, 2007

Columbine Inn & Conference Center, Taos, NM

This workshop uses Peter Jackson's film adaptation of The Lord of the Rings and Holotropic Breathwork to create a deep personal experience of being a Ringbearer in the twenty-first century. The popularity of this movie demonstrates planetary culture's striving toward a new world myth, as well as our yearning to discover the deeper dimensions of what it means to be human. Interwoven through our experience of the films, we will explore: The Fellowship characters as mythic dimensions of ourselves; Joseph Campbell's Hero's Journey; Carl Jung and the realm of the archetypes; the re-emergence of the epic soul; film as catharsis and spiritual path; death/rebirth in modern popular culture; Holotropic practitioner as Ringbearer; art, ritual, dance, meditation, and role playing. Seeing the films beforehand is not required.

This workshop includes Holotropic Breathwork sessions, art, music, dancing, & integration. It is designed for anyone interested in transformation, as well as those taking part in the HB practitioner training program.

Cost of \$1290 double or \$1490 single includes five nights lodging & meals
CE Units available.

Tav Sparks is the Director of Grof Transpersonal Training and leads most training events in the United States and in many other countries. He has been the primary faculty member since the training began in 1989. Since 1985, Tav has led numerous workshops internationally in Holotropic Breathwork and in transpersonal approaches to wellness and recovery. He is author of *The Wide Open Door: The Twelve Steps, Spiritual Tradition and the New Psychology*; the training manual *Doing Not Doing: A Facilitator's Guide to Holotropic Breathwork*; *Through Thunder: A Poetic Death Rebirth Journey* and seven screenplays combining the transpersonal perspective with modern popular culture. His current project is the book *Movie Yoga: How to Transform Yourself While Sitting on Your Sofa*. Since 1990, he has been program coordinator for three conferences of the International Transpersonal Association (ITA) and served as a member of the ITA Board of Directors.

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Grof Transpersonal Training Presents

The Power Within

The Practice of Holotropic Breathwork



with GTT Director *Tav Sparks*

May 13 - 18, 2007

Columbine Inn & Conference Center, Taos, NM

In this workshop, Holotropic theory comes alive. It's where we experience the essence of the practice first hand. We not only discuss the principles that support and inform the practice of Holotropic Breathwork. But we go beyond theory to show why Holotropic Breathwork is such a special method for personal exploration and healing. This is a unique opportunity to move to deeper levels of your own inner process and also to learn what's behind the Holotropic approach to working with others. As you become acquainted with accompanying others on their journeys, you will also discover how to translate the Holotropic theory into a tool for enriching your everyday living experience.

Topics include: 1) the power of the Inner Healer; 2) the Holotropic Breathwork lineage; the history of the healing potential of non-ordinary states; 3) the importance of facilitator presence; 4) an inside look into the framework of a Holotropic Breathwork session; 5) how to encourage and support the integration of the Holotropic experience; and 6) Holotropic bodywork, including: its history, theory and practice, - demonstration of bodywork, - hands-on work by participants, - discussion of specific challenging situations that facilitators encounter, - ongoing exploration of the way Holotropic Breathwork can change our everyday life.

This workshop includes Holotropic Breathwork sessions, art, music, dancing, & integration. It is designed for anyone interested in transformation, as well as those taking part in the HB practitioner training program.

Cost of \$1290 double or \$1520 single includes five nights lodging & meals
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Grof Transpersonal Training Presents

Music and Transcendence

with GTT Director *Tav Sparks*

AUGUST 12-17, 2007
TAOS SKI VALLEY, NM

This workshop is an exciting and transformative journey through the world of music. Sound and rhythm have always been vital creative and spiritual tools for transformation. Music has even been called the language of the soul. This is a special opportunity to learn first hand the role music plays in the healing potential of Holotropic Breathwork. In addition we will explore strategies for integrating the Holotropic perspective as a tool for everyday living.

Topics at this module include:

- 1) The role of music as a tool for transformation
- 2) How to create a Holotropic Breathwork music set
- 3) Group work: history, theory, practice and challenges
- 4) COEX Systems: how to create a daily practice
- 5) Facilitator self-care
- 6) Running your own workshops: venue, pricing and marketing



This six-day workshop includes four Holotropic Breathwork sessions, as well as art, music, group work and integration. This special event is valuable to anyone interested in transformation. **No prior experience with Holotropic Breathwork is necessary.** For those seeking certification as a Holotropic Breathwork practitioner, this is one of the mandatory modules.

At the Columbine Inn Conference Center, Taos Ski Valley, NM

\$1290 double occupancy or \$1520 single, includes five nights lodging & catered meals.

CE Units available for MFT and Social Work in California and reciprocal states

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Stanislav Grof, M.D.

WHEN THE IMPOSSIBLE HAPPENS:

Further Adventures with Stan Grof

Spend two amazing days with world renowned consciousness researcher, author and teacher Stan Grof, then experience the method he developed for accessing non-ordinary states of consciousness: Holotropic Breathwork.

Based on his book *When the Impossible Happens: Adventures in Non-Ordinary Realities* (Sounds True, 2006), Stan will expand on some of the stories from the book, and offer a few new ones. He will answer questions and allow the discussions to follow the interests of the group.

Stan is present for the first two days of teaching. The following days are led by experienced GTT staff members Diana Medina and Lynda Griebenow. The workshop includes Holotropic Breathwork sessions, as well as art, music, dancing, & integration. No prior experience of Holotropic Breathwork is needed. Join participants from around the world for this exciting adventure of transformation and self-discovery.

August 19-24, 2007

Columbine Inn & Conference Center, Taos Ski Valley, NM

Cost of \$1290 double or \$1520 single, includes five nights hotel stay lodging & catered meals.

CE Units available for MFT and Social Work in California & reciprocal states

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