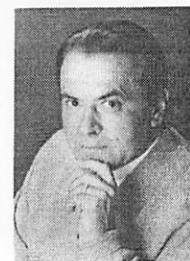




TRANSPERSONAL TRAINING

presents

a special open training workshop



Stanislav Grof, M.D.

for two days, followed by four days of Holotropic Breathwork

Abnormal Psychology and The Architecture of Psychopathology

This workshop explores the traditional understanding of various forms of psychopathology of psychogenic origin, as well as the new insights into their nature and dynamics that have emerged from experiential psychotherapy and the work with non-ordinary states of consciousness. This work has revealed that psychogenic disorders cannot be adequately explained in the context of biographical models, but have also significant perinatal and transpersonal dimensions. Includes discussions of various phobias, inhibited and agitated depression, suicidal behavior, obsessive-compulsive neurosis, conversion hysteria, sexual dysfunctions and deviations, impulsive disorders, psychosomatic illnesses, and addictions.

Following Stan's two days of teaching, the workshop will be led by senior GTT staff member and teacher Diane Haug. It includes four Holotropic Breathwork sessions, as well as art, music, dancing, & integration. This special event is part of the GTT training and is also open to non-training participants. No prior experience of Holotropic Breathwork is needed.

February 18 - 23, 2004, at The Institute of Noetic Sciences Retreat Center in Petaluma, CA
(location and cost to be confirmed) Includes five nights double or single lodging & delicious catered meals. *CE Units available for MFT and Social Work in California and reciprocal states.*

Stanislav Grof, M.D., is a psychiatrist with over 45 years of experience researching non-ordinary states of consciousness. He is one of the founders and chief theoreticians of transpersonal psychology and a founder of the International Transpersonal Association. He was born in Prague, Czechoslovakia, where he also received his scientific training. His professional career includes seven years as Assistant Professor at the Johns Hopkins University, and Chief of Psychiatric Research at the Maryland Psychiatric Research Center, as well as fourteen years as Scholar-in-Residence at the Esalen Institute. Among his publications are over 100 articles in professional journals and the books *Psychology of the Future*; *The Cosmic Game*; *The Adventure of Self-Discovery*; *Beyond the Brain*; *Realms of the Human Unconscious*; *The Human Encounter with Death*; *LSD Psychotherapy*; *Beyond Death*; and *The Stormy Search for the Self* (the last two with Christina Grof).

Grof Transpersonal Training
gtt@holotropic.com

415 499-4601

www.holotropic.com



TRANSPERSONAL TRAINING

presents

a special open training workshop
with GTT director **Tav Sparks**



The Spiritual Quest, Attachment and Addiction

New ways to look at psychology and spirituality are offering exciting possibilities in the recovery movement, both for individual seekers and for those who work in the treatment field. This workshop explores a whole continuum, from the idea of addiction as an extreme form of attachment, which affects everyone and which is crucial to spiritual seekers of all practices, to the more articulate forms of addiction: substance, process, relationship, and more.

Through theory, discussion and experiential exercises, we'll look at (1) the disease paradigm of recovery; (2) the wellness paradigm and the transpersonal recovery center; (3) implications of perinatal and transpersonal dimensions for recovery; (4) the 12 steps as a world yoga; (5) addiction as spiritual emergency; (6) addiction as shamanic crisis; (7) recovery as a mystery school; (8) psychedelics and recovery; (9) recovery and the feminine; (10) addiction from the homeopathic perspective; (11) recovery as death/rebirth; (12) addiction and the global crisis; and more.

The workshop includes four Holotropic Breathwork sessions, as well as art, music, dancing, & integration. This special event is part of the GTT training and is also open to non-training participants. No prior experience of Holotropic Breathwork is needed.

May 16 - 21, 2004, at the Columbine Inn Conference Center, Taos Ski Valley, NM

Includes five nights lodging in very comfortable rooms & catered meals.

CEU's available for MFT and Social Work

\$1350 Single \$1150 Double

Tav Sparks is the Director of Grof Transpersonal Training and leads most of the training events in the United States and in many other countries. He has been the primary faculty member since the training began in 1989. Since 1985, Tav has led numerous workshops internationally in Holotropic Breathwork and in transpersonal approaches to wellness and recovery. He is the author of *The Wide Open Door: The Twelve Steps, Spiritual Tradition and the New Psychology*; the training manual *Doing Not Doing: A Facilitator's Guide to Holotropic Breathwork*; and six screenplays combining the transpersonal perspective with modern popular culture. *Through Thunder -- A Poetic Death Rebirth Journey* will be published by Hanford Mead in 2004. Since 1990, he has been program coordinator for three conferences of the International Transpersonal Association (ITA) and serves as a member of the ITA Board of Directors. Tav is also a father and a grandfather.

To register contact Grof Transpersonal Training

(415) 383-8779

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TRANSPERSONAL TRAINING

presents

a special open training workshop



with *Stanislav Grof, M.D.*

Psyche and Eros: Experiential Dimensions of Human Sexuality

Human sexuality is not defined simply by the anatomy and physiology of the female and male body and by postnatal biography. This module will explore the observations from modern consciousness research (psychedelic therapy, holotropic breathwork, and the study of individuals in spiritual emergencies) that provide new insights into the complexity of human sexual experience and its roots in the biographical, perinatal, and transpersonal domains of the psyche. We will examine the basic tenets of Freudian psychoanalysis and other schools of depth psychology concerning sexuality; perinatal and transpersonal roots of sexual disorders, variations and deviations; archetypal dimensions of sexuality; and transpersonal forms of erotic experience (satanic, oceanic, and tantric sex). The relationship between spirituality and sexuality will be illustrated by selected slides from sessions of experiential psychotherapy, Tantra, alchemy, and the history of witchcraft and satanic practices.

Stan will be present for two days of teaching. Following that, the rest of the workshop will be led by senior GTT staff. The workshop includes four Holotropic Breathwork sessions, as well as art, music, dancing, & integration. This special event is part of the GTT training and is also open to non-training participants. No prior experience of Holotropic Breathwork is needed.

August 8-13, 2004, at the Columbine Inn Conference Center, Taos Ski Valley, NM

Includes five nights lodging in very comfortable rooms & catered meals.

CEU's available for MFT and Social Work

\$1350 Single \$1150 Double

Stanislav Grof, M.D., is a psychiatrist with over forty years of experience researching non-ordinary states of consciousness. He was born in Prague, Czechoslovakia, where he also received his scientific training. His professional career includes seven years as Assistant Professor at the Johns Hopkins University, and Chief of Psychiatric Research at the Maryland Psychiatric Research Center, as well as fourteen years as Scholar-in-Residence at the Esalen Institute. He is one of the founders and chief theoreticians of transpersonal psychology and a founder of the International Transpersonal Association. Among his publications are over 100 articles in professional journals and the books *Psychology of the Future*; *The Cosmic Game*; *The Adventure of Self-Discovery*; *Beyond the Brain*; *Realms of the Human Unconscious*; *The Human Encounter with Death*; *LSD Psychotherapy*; *Beyond Death*; and *The Stormy Search for the Self* (the last two with Christina Grof).

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