

Stan Grof's only weekend workshop this year.

# The Adventure of Self-Discovery

A Holotropic Breathwork<sup>TM</sup>
Experience
with

### STANISLAV GROF, M.D. AND TAV SPARKS

PALO ALTO, CA February 1 – 3, 2002

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A Holotropic Breathwork<sup>TM</sup>
Experience
with

#### STANISLAV GROF, M.D.\*

\*back from retirement—see bio.

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(Palo Alto only)

TWO WORKSHOPS

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