

SHAMANISM

ARCHAIC TECHNIQUES OF HEALING AND ECSTASY



A SIX-DAY WORKSHOP WITH HOLOTROPIC BREATHWORK
FOR CREDIT TOWARD GTT PRACTITIONER TRAINING
ALSO OPEN TO NON-TRAINEES
WHO HAVE PRIOR HOLOTROPIC BREATHWORK EXPERIENCE

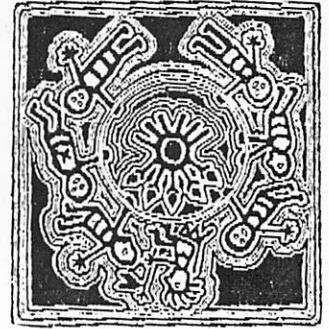
LED BY DIANE HAUG

With guest faculty **DAVID BARRERA** and GTT staff

AUGUST 13-18, 2000

SUNRISE SPRINGS RETREAT CENTER

SANTA FE, NEW MEXICO



COST, WITH COMFORTABLE LODGING AND ALL MEALS, \$1070 DOUBLE OR \$1280 SINGLE

SHAMANISM IS THE MOST ANCIENT OF HUMANKIND'S SPIRITUAL, MEDICAL, AND PSYCHOLOGICAL DISCIPLINES. A VISIONARY TRADITION, SHAMANISM IS A PRACTICE UTILIZING ALTERED STATES OF CONSCIOUSNESS TO CONTACT THE SPIRITS OF THE NATURAL WORLD. WITH LIFE ON OUR PLANET IN DANGER - LIFE OUT OF BALANCE - SHAMANIC CULTURES HAVE MUCH TO TEACH WITH THEIR RESPECT AND REVERENCE TOWARD NATURE.

THIS MODULE WILL PROVIDE A BROAD INTRODUCTION TO SHAMANISM AS IT RELATES TO BOTH OUR PERSONAL HEALING JOURNEY AND MODERN PSYCHOLOGY. IN ADDITION TO USING HOLOTROPIC BREATHWORK AS AN EXPERIENTIAL TOOL FOR EXPLORING THE HEALING POTENTIAL OF NON-ORDINARY STATES OF CONSCIOUSNESS, THIS WORKSHOP WILL INCLUDE THE USE OF MEDITATION, GUIDED JOURNEY WORK, MOVEMENT, SILENT TIME IN NATURE, AND MASK MAKING.

DIANE HAUG, MA, LPCC, a senior member of the Grof Transpersonal Training staff, is a psychotherapist living in rural northern New Mexico. Over the last years she has been deeply involved with the international breathwork community by participating in Grof training events in Scandinavia, Russia, South America, and Europe. Since the fall of 1999 Diane has offered the GTT module on Shamanism in both Italy and Argentina.

Diane's background includes a decade of work with the dying, as well as a seven year cycle living alone, in 'voluntary simplicity', in a wilderness setting. Her intimacy with the mysteries of life/death/rebirth and with the power of the natural world has informed her interest in shamanism and the wisdom traditions of earth-based people. Diane has had a wide variety of experiences with traditional healers from North America, Brazil, and Peru. She is also interested in contemporary neo-shamanic practices. Diane was a recent speaker at the international conference, "Ayahuasca: Shamanism, Science, and Spirituality," sponsored by the California Institute of Integral Studies. It is her great pleasure to weave together ritual, deep experiential work, intimacy with the natural world, and mask making around the theme of shamanism.

DAVID BARRERA is a professional wilderness guide from the Atacama desert high plateau in northern Chile. As a direct descendent of the Atacama Indians/Quechuas from the high Andean desert, David brings an uncommon knowledge of a rich and mystical culture. He carries the voice and soul of native Chile. Having recently attended a GTT module in Argentina, David's presence was felt by all. In addition to contributing his unique perspective to our exploration of shamanism and indigenous cultures, David will help guide the U.S. group in ritual, music and movement.

To take part in this event, please contact Grof Transpersonal Training

for registration materials and information.

phone 415 383-8779; fax 415 383-0965; e-mail gtt@dnai.com



Death/Rebirth in Modern Popular Culture



Led by Tav Sparks

6-11 November 2000
Island of Sardinia (Italy)

Once we begin the journey toward wholeness, it is impossible to see ourselves, our world, and the cosmos the same way again.

Observing how consciousness manifests through current cultural phenomena becomes an exciting adventure and helps make our search a relevant, day to day experience. Film, music, dance, art, and literature can be signposts for an emerging spirituality.

But we are also sobered as we enter the new millennium facing alarming global crises. Many feel conflicted as we try to reconcile current planetary problems with the new excitement we feel in our lives.

It therefore becomes important to make sense of this paradox if we are to be fulfilled.

Death/Rebirth in Modern Popular Culture explores this issue through the following topics:

- 1) The re-emergence of the Divine Feminine
- 2) The global crisis: violence and greed
- 3) Power and the perinatal
- 4) Evolution of consciousness in late twentieth century film
- 5) The perinatal in film: a video show
- 6) The shaman, Dionysus, and rock and roll
- 7) Virtual reality, cyber-space, and science fiction
- 8) Culture of the future: the global village and the world festival

In addition to Holotropic Breathwork, there will also be time for film, dance, art, meditation, and small group workshops.

Tav's bio:

Tav Sparks is Director of Grof Transpersonal Training and leads more than half of the training events in the United States and around the world. He has been the primary staff member since the training began in 1989. Since 1985, Tav has led numerous workshops internationally in Holotropic Breathwork and in transpersonal approaches to wellness and recovery.

Formerly an addictions therapist, he has been a leading theorist in the field of transpersonal recovery. Tav is the author of *The Wide Open Door: The Twelve Steps, Spiritual Tradition and the New Psychology*, and the training manual *Doing Not Doing: A Facilitators Guide to Holotropic Breathwork*.

Since 1990, Tav has been program coordinator for three conferences of the International Transpersonal Association (ITA) and serves as a member of the ITA Board of Directors.

For cost and registration information

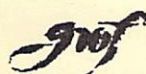
Contact: - Valeria Gamba, ph 0039 335 6267359 - or Thomas Nilssen, ph 0039 02 48013916, fax 0039 02 48194374 cell 0039 339 7485812, email: thomasnilssen@tin.it

Hotel Address:

Hotel Luna Lughente **** - 07026 OLBIA (SS) - Loc. Pittulongu - Island of Sardinia - Italy Tel:

+39.0789.57521 - 54119 - 54113 - Telefax +39.0789.54103 E-mail: hlughente@tiscalinet.it - WEB:

http://www.shg.it/luna/index_e.htm - It is easily reached - just 5 km. from the Olbia-Costa Smeralda airport, 3 km. from the Olbia port and 800 mt. from the very white beach of Pittulongu.



Transpersonal Training

THE HEART OF THE PRACTICE

NOVEMBER 13-18, 2000

A SIX-DAY RESIDENTIAL TRAINING IN SARDINIA
LED BY

DIANE HAUG

TAV SPARKS

KYLEA TAYLOR

IN MANY WAYS, COMPLETING THE GROF TRAINING IS ONLY THE BEGINNING. MUCH OF THE REAL LEARNING COMES WITH THE CHALLENGE OF CONTINUING TO PRACTICE. BASED ON THE FEEDBACK OF MANY PEOPLE WHO HAVE COMPLETED THE TRAINING, THERE SEEMS A REAL NEED AND DESIRE TO STAY CONNECTED TO THE COMMUNITY FOR THE PURPOSE OF SHARING INFORMATION, SKILL BUILDING, SUPERVISION, PROBLEM SHARING, CONTINUED WORK ON ONESELF, AND ONGOING CONTACT WITH THOSE WE'VE SHARED SO INTIMATELY.

BASED ON THE SUCCESS OF THE LAST TWO YEARS' EVENTS, GTT IS SCHEDULING ANOTHER ADVANCED TRAINING, THIS TIME IN EUROPE. OPEN TO ALL CERTIFIED PRACTITIONERS, THIS SIX DAY EVENT MEETS THE RECOMMENDED CONTINUING EDUCATION REQUIREMENT FOR CERTIFICATION LEVEL TWO. SPECIAL TOPICS WILL INCLUDE THE FOLLOWING:

WORKING WITH CHALLENGING CLIENTS
BURN-OUT
ETHICS
RESEARCH
LATEST IN THEORY AND PRACTICE
'DOING NOT DOING'

IN ADDITION TO OUR FOCUS ON THE PRACTICE OF HOLOTROPIC BREATHWORK, WE WILL BALANCE THE WEEK WITH OBSERVED SILENCE, TIME IN NATURE, AN EXPANDED USE OF ART MATERIALS, AND MOVEMENT. WE ARE HOPING TO MAKE BODYWORK AND ASTROLOGY CONSULTATIONS AVAILABLE TO THOSE WHO ARE INTERESTED.

COMMENTS FROM PARTICIPANTS:

'THE COMING TOGETHER OF CERTIFIED PRACTITIONERS FROM OLD TO NEW WAS FABULOUS! TO BE TOGETHER IN DISCUSSIONS, BREATHWORK AND INFORMALLY WAS SO FRUITFUL AND ENJOYABLE'

'IT MORE THAN MET MY EXPECTATIONS. I WILL COME TO ANOTHER.'

'I TRULY BELIEVE THIS EVENT SHOULD BE HELD ON A YEARLY BASIS'

THIS YEARS EVENT WILL BE HELD AT THE LUNA LUGHENTE (SHINING MOON) HOTEL ON THE MEDITERRANEAN ISLAND OF SARDINIA. THE LUNA LUGHENTE OFFERS A VIEW OF RARE BEAUTY FROM CAPE FIGARI AND THE WONDERFUL TAVOLARA ISLAND ALL THE WAY TO THE ENCHANTING OLBIA BAY. IT IS EASILY REACHED - JUST 5 KM FROM THE OLBIA-COSTA SMERALDA AIRPORT, 3 KM FROM THE OLBIA PORT AND 800 MT FROM THE VERY WHITE BEACH OF PITTULONGU. ROOMS EACH HAVE A SEA VIEW TERRACE, AIR-CONDITIONING, TELEPHONE, REFRIGERATOR BAR, SATELLITE TV, AND HAIR DRYER. THERE IS A LARGE SWIMMING POOL AND GUESTS CAN PARTICIPATE IN VARIOUS SPORTS SUCH AS TENNIS, SOCCER, SAILING, HORSEBACK RIDING, AND MORE. NEARBY ARE SOME OF THE MOST BEAUTIFUL BEACHES OF NORTHERN SARDINIA, AND THE ISLAND IS ALSO KNOWN FOR ITS ANCIENT RUINS. IT IS AN IDEAL PLACE TO ADD A FEW VACATION DAYS FOR SIGHTSEEING AND EXPLORING.

DATES: MONDAY, NOVEMBER 13 -- SATURDAY, NOVEMBER 18

PLACE: LUNA LUGHENTE HOTEL, ISLAND OF SARDINIA, ITALY

FOR COST AND REGISTRATION INFORMATION

CONTACT VALERIA GAMBA, ph 0039 335 6267359 or THOMAS NILSSEN, ph 0039 02 48013916

fax 0039 02 48194374, cell 0039 339 7485812, email thomasnilssen@tim.it

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