

The Findhorn Foundation

The Findhorn Foundation is an international spiritual community in northeast Scotland. It was founded in 1962 by Eileen and Peter Caddy and Dorothy Maclean on the principles that God, or the source of life, is accessible to each of us at all times, and that nature, including the planet, has intelligence and is part of a much larger plan. The Findhorn Foundation is an ideal place for the module to take place, being quiet and close to the sea. The magnificent Universal Hall will be the venue within the Foundation and will be reserved for the sole use of this training. It is an excellent lecture hall and is one of the best breathing spaces available having a first-class sound system and a secure womblike environment. The Findhorn Foundation has previously hosted two Holotropic Breathing training modules and many Holotropic Breathing workshops.

Requirements

Applicants of this program must have experienced at least five sessions of Holotropic Breathwork as well as five sessions as sitters with a certified facilitator. Previous experience in the mental health field or in the healing arts is desirable, but not essential.

For further information contact:

**Lizzie or David Mead,
Holotropic Breathwork,
Findhorn Foundation, The Park,
Forres, Moray, Scotland IV36 OTZ
Telephone 0309 690692**

Training Registration

Please enter my registration. Enclosed is my non-refundable deposit of £50. Please make cheques payable to the Findhorn Foundation

I enclose the sum of £.....

Please charge to Visa/ Access/Mastercard

Number.....

Expiry date.....

Cardholder.....

Signature.....

Name.....

Address.....
.....
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Telephone.....

M..... E..... Age.....

Nationality.....

Accommodation is from Saturday morning until Saturday morning. If you require accommodation either before or after the training tick here for a list of local hotels and B&B accommodation



**TRANSPERSONAL
TRAINING**

At the Findhorn Foundation

**MODULE IN
HOLOTROPIC
BREATHWORK**

NOVEMBER 7TH-13TH, 1992

with
STANISLAV GROF M.D.