

# The Spiritual Quest, Attachment and Addiction

A HOLOTROPIC BREATHWORK TRAINING PROGRAM

*with* GTT DIRECTOR & LEADING THEORIST

IN TRANSPERSONAL RECOVERY, TAV SPARKS

March 24 -29, 2007

Boyne Valley - Drogheda, Co. Louth, Ireland

"Dive deep. Otherwise you cannot get the gems at  
the bottom of the ocean. You cannot pick up the  
gems if you only float on the surface."

~ Ramakrishna

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*Grof Transpersonal Training Presents*

# *The Ringbearer and Moving Toward Wholeness:*

*Transformation in the Lord of the Rings Film Trilogy*

with GTT Director *Tav Sparks*

*May 20 -25, 2007*

*Columbine Inn & Conference Center, Taos, NM*

This workshop uses Peter Jackson's film adaptation of The Lord of the Rings and Holotropic Breathwork to create a deep personal experience of being a Ringbearer in the twenty-first century. The popularity of this movie demonstrates planetary culture's striving toward a new world myth, as well as our yearning to discover the deeper dimensions of what it means to be human. Interwoven through our experience of the films, we will explore: The Fellowship characters as mythic dimensions of ourselves; Joseph Campbell's Hero's Journey; Carl Jung and the realm of the archetypes; the re-emergence of the epic soul; film as catharsis and spiritual path; death/rebirth in modern popular culture; Holotropic practitioner as Ringbearer; art, ritual, dance, meditation, and role playing. Seeing the films beforehand is not required.

**This workshop includes Holotropic Breathwork sessions, art, music, dancing, & integration. It is designed for anyone interested in transformation, as well as those taking part in the HB practitioner training program.**

Cost of \$1290 double or \$1490 single includes five nights lodging & meals  
CE Units available.

**Tav Sparks** is the Director of Grof Transpersonal Training and leads most training events in the United States and in many other countries. He has been the primary faculty member since the training began in 1989. Since 1985, Tav has led numerous workshops internationally in Holotropic Breathwork and in transpersonal approaches to wellness and recovery. He is author of *The Wide Open Door: The Twelve Steps, Spiritual Tradition and the New Psychology*; the training manual *Doing Not Doing: A Facilitator's Guide to Holotropic Breathwork*; *Through Thunder: A Poetic Death Rebirth Journey* and seven screenplays combining the transpersonal perspective with modern popular culture. His current project is the book *Movie Yoga: How to Transform Yourself While Sitting on Your Sofa*. Since 1990, he has been program coordinator for three conferences of the International Transpersonal Association (ITA) and served as a member of the ITA Board of Directors.

**GROF TRANSPERSONAL TRAINING**

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*gtr* Transpersonal Training Presents

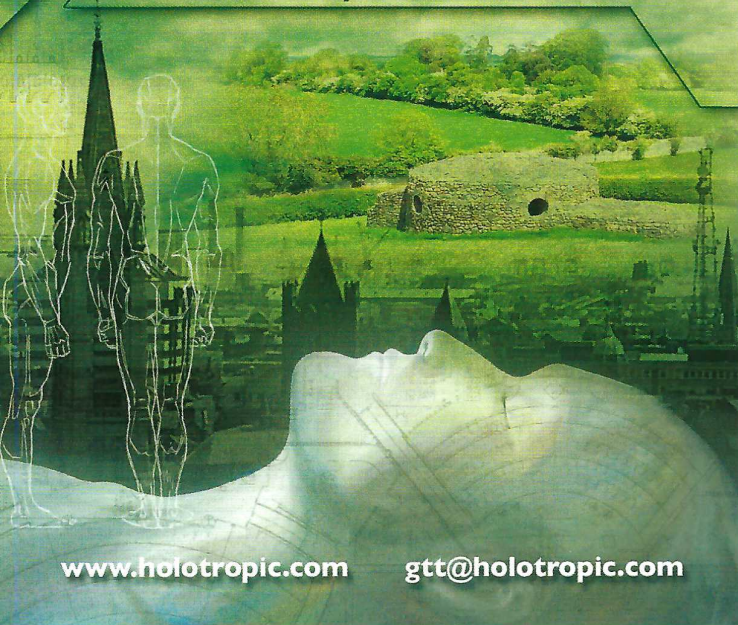
# SPIRITUAL EMERGENCY:

EMBRACING UNEXPECTED TRANSFORMATION

A Holotropic Breathwork Training  
with **Tav Sparks, GTT Director**

**Drogheda, Co. Louth, Ireland (near Dublin)**

**September 23 - 28, 2007**



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Transpersonal Training Presents

# ecstatic remembrance

Chanting with

**JAI UTTAL**

and Holotropic Breathwork with

**Tav Sparks**

**Joshua Tree, CA**

**OCTOBER 21 - 26, 2007**

