



The Adventure
of Self-Discovery

*A Holotropic Breathwork™
Experience
with*

STANISLAV GROF, M.D.
AND TAV SPARKS

PALO ALTO, CALIFORNIA
January 29-31, 1999

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A large, stylized, handwritten signature of the name 'Grof' in black ink, positioned at the top of the page.

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SANTA FE, NEW MEXICO
April 16 - 18, 1999

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TWO WORKSHOPS

MINNEAPOLIS, MN

ORLANDO, FL

August 13 - 15, 1999

October 29 - 31, 1999

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