



The Adventure  
of Self-Discovery

*A Holotropic Breathwork  
Experience  
with*

STANISLAV GROF, M.D.  
AND TAV SPARKS

SAN RAFAEL, CALIFORNIA  
January 23-25, 1998

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The Adventure  
of Self-Discovery

*A Holotropic Breathwork™  
Experience - in the beautiful  
Green Mountains of Vermont  
with*

**STANISLAV GROF, M.D.  
AND TAV SPARKS**

**KILLINGTON RESORT, VERMONT  
July 17-19, 1998**

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