

A large, stylized, handwritten signature of the word "Grof" in a cursive script, rendered in black ink on a light-colored, textured background.

The Adventure of Self-Discovery

A Holotropic Breathwork™
Experience
with

STANISLAV GROF, M.D.
AND TAV SPARKS

SAN RAFAEL, CALIFORNIA
January 24 - 26, 1997

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HOLOTROPICS

A stylized, calligraphic signature of the word "Grof" in black ink, written in a cursive, flowing style.

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Experience
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STANISLAV GROF, M.D.
AND TAV SPARKS

near SEATTLE, WASHINGTON
August 22 - 24, 1997

co-sponsored by



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