



The  
Adventure  
of  
Self-Discovery

*A Holotropic Breathwork™  
Experience*

with

**TAV SPARKS**

**March 20 - 22, 1992**



# The Adventure of Self-Discovery

*A Holotropic Breathwork™  
Experience  
with  
CHRISTINA and  
STANISLAV GROF, M.D.*

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# The Adventure of Self-Discovery

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CHRISTINA and  
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*A Holotropic Breathwork™  
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CHRISTINA and  
STANISLAV GROF, M.D.

RESTON, VIRGINIA  
(NEAR WASHINGTON, D.C.)

OCTOBER 7-10

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