



SVARGA LOKA RESORT
Ubud, Bali, Indonesia

www.holotropic.com

Come and breathe the mountain air with us in the Poconos:

Grof Holotropic Breathwork



The Power Within:
The Practice of Holotropic
Breathwork
with Tav Sparks
May 16 – 21, 2015

Movie Yoga:
The Holotropic
Experienced Through Film
with Tav Sparks
May 23 – 28, 2015

KIRKRIDGE RETREAT CENTER
Pocono Mountains, PA

Registration materials available at holotropic.com or from gtt@holotropic.com



