

THE PSYCHEDELIC EXPERIENCE



PROMISES & PITFALLS



A SIX-DAY WORKSHOP WITH HOLOTROPIC BREATHWORK CEUS AVAILABLE

LED BY DIANE HAUG

FEBRUARY 14 - 19, 2010

Joshua Tree Retreat Center, Joshua Tree, CA \$1345 includes double room (singles available) & delicious catered meals

The pioneering psychedelic research of Stanislav Grof, MD, is informing a whole new generation of scientists, who are again examining the enhanced wellness, healing, creativity, and spirituality inherent in the psychedelic experience. In this residential retreat in the desert of Joshua Tree, CA. we will dive deep into the exciting and often challenging terrain of the current 'Psychedelic Renaissance'. Topics will include time-honored, cross-cultural use, visionary technological/ artistic contributions, current government-supported research, and 'skillful means' for supporting someone in crisis. There will be opportunity for spirited discussion of the transformative power of these experiences, as well as the personal and cultural context necessary for their understanding and integration.

The topic of psychedelic substances at this retreat is entirely theoretical. However, this is an excellent opportunity to experience non-ordinary states through Holotropic Breathwork. Developed by Stanislav and Christina Grof, Holotropic Breathwork is in direct lineage with this valuable psychedelic research. So whether you have personal experience with shamanic ceremony or other deep practices, or are just curious, you will have the opportunity to experience the transformative potential of non-ordinary states in a safe and supportive setting. We hope you can join us!

Diane Haug, MA, LPCC, is a licensed mental health professional and certified practitioner of Holotropic Breathwork. Her background includes a decade of working with adults and children dealing with terminal illness, as well as a seven-year cycle living alone in a wilderness setting. With a long-standing interest in the healing potential of non-ordinary states of consciousness, Diane has a wide variety of experiences with healers from North America, Brazil, Peru, Ecuador and Mexico. As a senior member of the Grof Transpersonal Training staff, Diane is involved in teaching workshops and professional trainings throughout the world. She has developed GTT training modules including Shamanism and The Language of the Soul: The Art and Practice of Integrating Deep Inner Experiences. Diane is on the advisory boards of both the Satyana Institute and WASIWASKA: Research Centre for the Study of Psychointegrator Plants, Visionary Art and Consciousness in Florianopolis, Brazil and is an adjunct faculty member with Southwestern College in Santa Fe, NM.

> for more details or to register contact: 415 383-3778 qtt@holotropic.com www.holotropic.com

Grof Transpersonal Training