



Grof Transpersonal Training Presents

# **THE ADVENTURE OF SELF-DISCOVERY**

**A HOLOTROPIC BREATHWORK EXPERIENCE**

**WITH STANISLAV GROF, M.D.  
AND TAV SPARKS**

**JANUARY 15-17, 2010 :: SAN FRANCISCO, CALIFORNIA**





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JANUARY 14-16, 2011 :: SAN FRANCISCO, CALIFORNIA





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PLUS

## MOVIE YOGA

TURNING YOUR LIFE INTO AN EPIC ADVENTURE  
A DAY-LONG EXPERIENTIAL WORKSHOP

WITH TAV SPARKS

FEBRUARY 10-12, 2012 :: LOS ANGELES, CALIFORNIA





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**JANUARY 18-20, 2013 :: SAN FRANCISCO, CALIFORNIA**





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OCTOBER 18-20, 2013 :: SEATTLE, WASHINGTON





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JAN 31 – FEB 2, 2014 :: LOS ANGELES, CALIFORNIA





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JANUARY 16-18, 2015 :: SAN FRANCISCO, CALIFORNIA





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**JANUARY 22-24, 2016 :: HOUSTON, TEXAS**





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JANUARY 27-29, 2017 :: SAN FRANCISCO, CALIFORNIA