

# SHAMANISM

## ARCHAIC TECHNIQUES OF HEALING AND ECSTASY

led by DIANE HAUG

with GTT staff



A SIX-DAY WORKSHOP WITH HOLOTROPIC BREATHWORK, MEDITATION, GUIDED JOURNEY WORK, MOVEMENT, SILENT TIME IN NATURE, AND MASK MAKING.

FOR CREDIT TOWARD GTT PRACTITIONER TRAINING

ALSO OPEN TO NON-TRAINEES

WITH OR WITHOUT HOLOTROPIC BREATHWORK EXPERIENCE,

CEUS AVAILABLE



FEBRUARY 16-21, 2003 - YUCCA VALLEY, CALIFORNIA

\$1125 double or \$1200 single includes 5 nights lodging and all meals

SHAMANISM IS THE MOST ANCIENT OF HUMANKIND'S SPIRITUAL, MEDICAL, AND PSYCHO-LOGICAL DISCIPLINES. A VISIONARY TRADITION, SHAMANISM IS A PRACTICE UTILIZING ALTERED STATES OF CONSCIOUSNESS TO CONTACT THE SPIRITS OF THE NATURAL WORLD. WITH LIFE ON OUR PLANET IN DANGER - LIFE OUT OF BALANCE - SHAMANIC CULTURES HAVE MUCH TO TEACH WITH THEIR RESPECT AND REVERENCE TOWARD NATURE.

THIS MODULE WILL PROVIDE A BROAD INTRODUCTION TO SHAMANISM AS IT RELATES TO BOTH OUR PERSONAL HEALING JOURNEY AND MODERN PSYCHOLOGY. IN ADDITION TO USING HOLOTROPIC BREATHWORK AS AN EXPERIENTIAL TOOL FOR EXPLORING THE HEALING POTENTIAL OF NON-ORDINARY STATES OF CONSCIOUSNESS, THIS WORKSHOP WILL INCLUDE THE USE OF MEDITATION, GUIDED JOURNEY WORK, MOVEMENT, SILENT TIME IN NATURE, AND MASK MAKING.

DIANE HAUG, MA, LPCC, a senior member of the Grof Transpersonal Training staff, is a psychotherapist living in rural northern New Mexico. Over the last years she has been deeply involved with the international breathwork community by participating in Grof training events in Scandinavia, Russia, South America, and Europe. Since the fall of 1999 Diane has offered the GTT module on Shamanism.

Diane's background includes a decade of work with the dying, as well as a seven year cycle living alone, in 'voluntary simplicity', in a wilderness setting. Her intimacy with the mysteries of life/death/rebirth and with the power of the natural world has informed her interest in shamanism and the wisdom traditions of earth-based people. Diane has had a wide variety of experiences with traditional healers from North America, Brazil, and Peru. She is also interested in contemporary neo-shamanic practices. She has been a speaker at conferences in several countries. It is her great pleasure to weave together ritual, deep experiential work, intimacy with the natural world, and mask making around the theme of shamanism.

For information or to register contact Grof Transpersonal Training

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