

TRANSPERSONAL TRAINING

presents

a special open training workshop

TRANSFORMING GENDER RELATIONS

A six-day workshop with Will Keepin and Molly Dwyer

with Holotropic Breathwork sessions led by Diane Haug, GTT senior staff

Satyana's Gender Reconciliation process is a unique experiential practice, bringing together women and men committed to healing gender disharmony in our culture and bringing forth new dimensions of mutual respect and authentic intimacy. Those in the Holotropic community who have done this work are deeply moved by the depth and power of their experiences. The Gender work is woven with Holotropic Breathwork into a tapestry of safety, trust, sensitivity and respect for the sacred in ourselves and in each other. It incorporates universal spiritual principles and practices into the dynamics of gender difference and healing, and additionally offers the vision that restoring balance between male and female is not merely a noble social goal, but an evolutionary imperative for the human species.

This special event is part of the GTT training and is also open to non-training participants who wish to experience two powerful practices in one event. No prior experience of Holotropic Breathwork is needed. Gender work will be interwoven throughout the week with four Holotropic Breathwork sessions, plus art, music, dancing, & integration.

May 12-17, 2002, at the Columbine Inn Conference Center, Taos Ski Valley, NM \$1125 double, or \$1325 single, includes five nights lodging in very comfortable rooms & catered meals.

Satyana Faculty:

WILL KEEPIN, Ph.D., and MOLLY DWYER, Ph.D.

Will is president and Molly vice-president of Satyana (formerly Shavano) Institute. Molly has been Co-Director of its Gender Reconciliation Project since 1999. Will trained in mathematical physics and transpersonal psychology, was a reseach scholar at Princeton, the Royal Swedish Acad. of Science, and the Energy Foundation. Originally an environmental scientist., Will's activism expanded to include a decade of developing gender reconciliation work. He has published 25 articles. Molly is an educator with twelve years teaching experience. She holds an M.A. in English and Psychology and studied for three years with cosmologist Brian Swimme. She was a U.S. delegate to the 1987 Int'l Womens Congress on Peace and Disarmament in Moscow and won the Vickers Award of the Int'l Society for Systems Sciences for her cosmological inquiry, The Emergent Feminine. Both are certified Holotropic Breathwork practitioners, Will since 1988 and Molly since August 2001. They adjunct faculty at the California Inst. of Integral Studies and are co-authoring the forthcoming book on Satyana's Gender Reconciliation process.

GTT Faculty: DIANE HAUG, M.A., LPCC

Diane is a psychotherapist living outside of Santa Fe, New Mexico. She is a senior staff member with Grof Transpersonal Training and has been deeply involved with the international training in Scandinavia, South America, Europe, and Russia. In addition to staffing other residential training events, Diane has been teaching the GTT module on *Shamanism* and the more recently developed module, *The Art of Integration*. Diane is on the Advisory Board of the Satyana Institute (formerly Shavano) and is currently involved as an adjunct faculty member for their yearlong training program. She is delighted to be a part of presenting the *Gender Reconciliation* model to the Grof training community.



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The Experience of Death and Dying

A six-day workshop with Stanislav Grof, M.D. and GTT Staff

The Experience of Death and Dying: Psychological, Philosophical, and Spiritual Aspects

For the first two days, Stan Grof will explore with the group observations from various areas of modern consciousness research. Thanatology, anthropological shamanic studies, psychedelic research, experiental psychotherapies, and work with people in psychospiritual crisis (spiritual emergencies) all have important implications for understanding the psychospiritual aspects of death and dying.

Focus will be on such topics as the process of psychological death and rebirth, psychedelic therapy with terminal cancer patients, the shamanic initiatory crisis, aboriginal rites of passage, ancient mysteries of death and rebirth, near-death experiences, survival of consciousness after death, instrumental transcommunication, karma and reincarnation, and eschatological mythologies.

Using a cross-cultural selection of slides, Stan will explore the ancient books of the dead—the Egyptian Pert em Hru, Tibetan Bardo Thödol, the Mayan Ceramic Codex, the Aztec Codex Borgia, and the European Ars Moriendi.

Following San's two days of teaching, the rest of the workshop will be led by a senior GTT teacher and other staff members. The workshop includes four Holotropic Breathwork sessions, as well as art, music, dancing, & integration. This special event is part of the GTT training and is also open to non-training participants. No prior experience of Holotropic Breathwork is needed.

August 20-25, 2002, at the Columbine Inn Conference Center, Taos Ski Valley, NM. \$1125 double, or \$1325 single, includes five nights lodging in very comfortable rooms & catered meals.

Stanislav Grof, M.D., is a psychiatrist with nearly forty years of experience researching non-ordinary states of consciousness. He was born in Prague, Czechoslovakia, where he also received his scientific training. His professional career includes seven years as Assistant Professor at the Johns Hopkins University, and Chief of Psychiatric Research at the Maryland Psychiatric Research Center, as well as fourteen years as Scholar-in-Residence at the Esalen Institute. He is one of the founders and chief theoreticians of transpersonal psychology and a founder of the International Transpersonal Association. Among his publications are over 100 articles in professional journals and the books Psychology of the Future; The Cosmic Game; The Adventure of Self-Discovery; Beyond the Brain; Realms of the Human Unconscious; The Human Encounter with Death; LSD Psychotherapy; Beyond Death; and The Stormy Search for the Self (the last two with Christina Grof).

To register contact Grof Transpersonal Training. Phone: 415 383-8779 Fax: 415 383-0965 email gtt@dnai.com website: www.holotropic.com

CEU's available.



LINDA KOHANOV





Monday October 6, Noon to 8:00 pm at the lovely Institute of Noetic Sciences Campus just off Hwy 101 at Marin/Sonoma border



DEEP PEACE: Building Authentic Community through the Way of the Horse

Horses model a cooperative, non-predatory way of being capable of tempering the destructive aspects of human nature. The simple act of grooming or riding one of these animals has been shown to lower blood pressure and put people in a state of relaxed heightened awareness conducive to creativity and intuition. Yet it is the equine talent for teaching the art of "freedom through relationship" that may very well be the horse's greatest gift to us at the dawn of the 21st century. In helping people reconnect to nature, to the authentic self, to ancestral wisdom, to the herd, and to the community, horses teach a form of consensual liberation unavailable to the "lone wolf," social outcast or rugged individualist.

Through entertaining lecture segments, experiential activities, and group process work, Linda shares the emotional fitness, non-verbal communication, energy management, and authentic community building skills she learned directly from her horses, techniques that are now used outside the riding arena by educators, psychiatrists, counselors, parents, caretakers, and even emergency room physicians.

This workshop is appropriate for anyone seeking innovative solutions to the challenges inherent in relationship. Participants will take home practical techniques for relating to family members, friends, students, clients, and colleagues, as well as to people perceived as hostile or uncooperative.



Linda Kohanov is an author, speaker, riding instructor and horse trainer who specializes in equine experiential learning and equine-facilitated psychotherapy. In 1997, she founded Epona Equestrian Services, a Tucson-based collective of horse professionals, counselors, and es tial

maret	and Transformation through the Way of the Horse was selected as one of the Religion and Spirituality books of 2001 by Amazon.com, and has received appreciately in publications as diverse as Horse and Rider, Natural Horse, IONS Noet Review, and Strides. Her new book Riding Between the Worlds: Expanding Of through the Way of the Horse will be published in fall 2003.	Top Ten ciative tic Scienc
Total State of the	REGISTRATION FORM - Linda Kohanov workshop egistering early — Cost before September 15 - \$85 — After September 15 - \$95 e served — \$20 (optional but you must be registered for dinner ahead of time)	

I am paying for	the workshop (\$85 before Sept. 15, \$95 after)	dinner (\$20) Total amount:
Paid by		ase charge to my Visa or MasterCard:
Card #	Expiration	Signature_
Name	Address	
City, state, zip _	Phone_	E-mail
	SEND TO: GTT; 38 Miller Ave PMB 158; Mill Valley Ca	A 94941. 415 499-4601 gtt@holotropic.com

CANCELLATION POLICY: Registrations are non-refundable but may be transferred to another person if you notify us in writing.

SANCTUARY:

A New Personal Growth Intensive and Retreat

with senior GTT staff members
Diane Haug, MA, LPCC and Kylea Taylor, MS, M,F,T,

A NEW RETREAT - For years, people have been requesting a longer residential experience that is not part of the required trainings, and that combines the unique, highly supportive container of the GTT modules with the luxury of time. In response, we are pleased to announce Sanctuary, a special new model designed for those who would like to have an intimate and sustained experience of Holotropic Breathwork in an optimal residential environment.

This will be a spacious two-weeks in beautiful TAOS SKI VALLEY, NEW MEXICO, at a wonderful small Inn with lovely rooms and great food. As a community we will breathe, create, and share together in such nourishing integrative activities such as meditation, yoga/movement, art, journal writing, silent time in nature, self-care time, community time, consultation with staff about individual process and goals, and small group work.

We expect it will be a time of deepening awareness, tuning into transitions, reconnecting to the Inner Healer, and finding the willingness to open deeply over two weeks' time. This opening will be nourished with experienced support, flexible structure, community-building activities, and the company of others who also are committed to fully engaging with themselves and each other.

With an emphasis on creativity, tools and contexts will be provided to nurture and encourage the creative process in each of us. We hope and anticipate that the retreat will bring a renewed sense of connection with the inner healer, an increased sense of our own direction and mission in life, new ways to support ourselves and serve others, and an expanded capacity for relationship.

INCLUDED IN THE RETREAT ARE -

- ♦ 8 Holotropic Breathwork sessions (4 as breather, 4 as sitter)
- Many avenues of creative expression (e.g., SoulCollage, mandala drawing, mask-making)
- Massage session with a bodyworker whose work supports the inner healer
- A personal, scheduled one-on-one consultation with a staff member (included in the fee)
- Design of a personal intention and support plan to take with you as you re-enter daily life
- Daily meditation (optional)

Journal writing

Structured time in nature

Dyad and small group sharing

STAFF - Leading the team are *Diane Haug and Kylea Taylor*, both senior staff for the Grof Transpersonal Training since the early 1990s. They are joined by experienced training staff *Lynda Griebenow and Diana Medina*, plus a special team of Holotropic Breathwork facilitators.

Completion of personal history questionnaire will be required - prospective participants will be asked to fill out a personal mental health and health history, and to speak by telephone with one of the facilitators prior to the retreat. The retreat is designed as education, not therapy.

CEUs available for MFT and Social Work.

October 27 - November 8, 2002. Double room - \$2900, Single room - \$3400 Includes lodging, all meals, massage session and personalized program as described above.

Grof Transpersonal Training - 415 383-8779; gtt@dnai.com; www.holotropic.com