

The Workshops

These workshops are full time, live-in intensives, designed for those with a deep interest in Holotropic Breathwork and Transpersonal Psychology. These two workshops may be credited towards the seven modules in the Grof training programme for certification as a Holotropic Breathwork Practitioner. However, you can participate in one or both workshops without committing to the entire programme. Included in each module will be four days of experiential training. This will be a combination of personal experience with Holotropic Breathwork, facilitation of others on a one to one basis, and group sharing.

Prerequisites

It is ideal - but not essential - for participants to experience some HB sessions conducted by Stanislav Grof, Tav Sparks or any of the certified facilitators before enrolling. Contact the Australian organisers for a list of certified facilitators.

Venue

Tranquil Park, Maleny Resort
152 Mountain View Road,
Maleny, Queensland
Tranquil Park has spectacular view over the Glasshouse Mountains, good food, a heated pool and tennis court. It is a great place to work and play.

Please Note:

Contra-indications for Holotropic Breathwork are pregnancy, heart disease and other cardiovascular problems, epilepsy, glaucoma, or a history of severe emotional disorder or hospitalization.
Call for more information.

Cost-First Week

16-21 May 2001
(Australian dollars)
\$1,705 twin share
\$1,950 single room (limited availability)
Includes tuition, meals and motel-style accommodation for five nights.

Cost-Second Week

23-28 May 2001
(Australian dollars)
\$1,705 twin share
\$1,950 single room (limited availability)
Includes tuition, meals and motel-style accommodation for five nights.
Please note: Prices are inclusive of GST

What to Bring

For Breathwork sessions: a blanket, two single sheets (1 fitted), a towel and tissues. Also an art pad, A3 size, crayons, a notebook, biro, and wear loose comfortable clothing.

For Details and Booking Forms please contact:

Ray and Carole Mansfield
Grof Transpersonal Training
PO Box 820, Springwood, QLD 4127
Australia
Phone or fax (07) 3209 9174
Email: epsr@ozemail.com.au



ABN (applied for)

Offers two training workshops

THE PRACTICE OF HOLOTROPIC BREATHWORK™

PART A

In-Depth Experience and Theory.

16th-21st MAY 2001

Led by Tav Sparks, Director of Grof
Transpersonal Training

THE POWER OF ARCHETYPE

**Integrating Astrology and
Holotropic Breathwork.**

23rd-28th MAY 2001

Led by transit astrologer and HB practitioner
Matthew Stelzner and Tav Sparks.