



grof Transpersonal Training Presents

THE ADVENTURE OF SELF DISCOVERY

a holotropic breathwork experience

with:
Stanislav Grof MD
and **Tav Sparks**

JANUARY 11-13, 2008
SAN FRANCISCO CA.



APRIL 11-13, 2008

CHARLOTTE, NORTH CAROLINA

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JUNE 6-8, 2008
HOUSTON TEXAS



LANGUAGE OF THE SOUL

The Art & Practice of Integrating
Deep Inner Experiences

LED BY DIANE HAUG

A SIX-DAY WORKSHOP WITH HOLOTROPIC BREATHWORK

FEBRUARY 17 - 22, 2008

Joshua Tree Retreat Center, Joshua Tree, CA

Cost of \$1300 includes five nights lodging and catered meals
CE Units available for MFT and Social Work in California and reciprocal states

To integrate is 'to make whole'. The value of deep work in non-ordinary states of consciousness is, in part, dependent on our ability to reflect on and work with the material we are offered. In this workshop we will explore the theme of integration from both a personal and professional perspective. In addition to Holotropic Breathwork, participants will be introduced to a variety of tools useful in further exploring the themes / issues / insights that have emerged during sessions. These will include meditation, journal writing, movement, mask-masking, Soul Collage and more. This module will be highly experiential and invite participants into a realm of creative self-expression. "Although transpersonal experiences are potentially healing, their effects are often temporary unless an effort is made to stabilize the insight gained. The task, therefore, goes beyond the induction of such experiences to the task of integrating them effectively into everyday life." Frances Vaughan in "Healing and Wholeness: Transpersonal Psychology" from *Paths Beyond Ego: The Transpersonal Vision*.

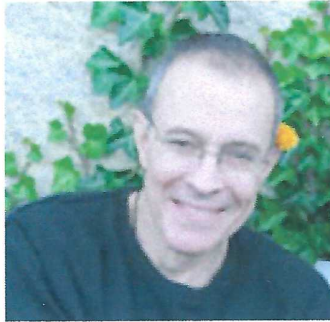
Diane Haug, MA, LPCC, is a licensed therapist living in northern New Mexico, USA, and a senior member of the GTT staff. Her background includes a decade of working with adults and children dealing with life-threatening and terminal illness, as well as a seven-year cycle living alone in a wilderness setting. With a long-standing interest in the healing potential of non-ordinary states of consciousness, Diane has a wide variety of experiences with healers from North America, Brazil, Peru, Ecuador and Mexico. Having completed the Grof's first three-year training program, Diane has been involved with transpersonal psychology and Holotropic Breathwork since 1986. She has been deeply involved with the international breathwork community, leading or co-leading GTT events in Scandinavia, Russia, South America and Europe. Diane has developed GTT training modules including Shamanism and The Language of the Soul: The Art and Practice of Integrating Deep Inner Experiences.

To take part in this event, please contact Grof Transpersonal Training

Phone: 415 383-3778 Fax: 415 383-0965 gtt@holotropic.com

www.holotropic.com

RETURN TO OUR OWN TRUE ROOTS: Addiction, Recovery & the Spiritual Quest



With Tav Sparks

**Internationally acclaimed author and Director of Grof
Transpersonal Training**

Addiction is an honest mistake that our psyches and our bodies make: the last resort of losing touch with our source.
How did we get so lost? How do we find ourselves again?

Recovery is first a radical return to our own true roots -- back to our deepest source. From there it becomes an epic journey into wholeness.

Join us as we explore with our minds and our hearts how we get caught in this universal human dilemma, how to accept being hooked, and then what we can do to cooperate with the basic healing power within us that can take us back to our true selves. For professionals and seekers alike.

**June 26th 2008 at the Hobart Function and Conference Centre:
9.00am to 4.30pm Cost: \$220: includes lunch, and morning tea**

**Bookings and enquiries: Vicky Nicholson: 0400848970, or 0362391063.
vicky.nicholson@education.tas.gov.au**

Here's what we'll do:

- * Take a quick look back at the ways we've tried to heal our addictions; the parts that work and what's gotten off track.
- * Unveil a whole new recovery strategy, which actually turns out to be as ancient as our earth.
- * Use dance, art, film, and meditation to create a living, vital way to find ourselves and uncover once again our true nature, which has become overshadowed by addiction.

Who can benefit from this gathering?

- * Those who've ever felt caught or touched by addiction in some way
 - * Anyone feeling the call to return to their own true roots
- * All who are working with or wish to be of service to those who've become lost in addiction.

About Tav Sparks:

Tav Sparks is the Director of Grof Transpersonal Training and has led most of the training events in the United States and worldwide. Since 1985, Tav has led numerous workshops internationally in Holotropic Breathwork and in transpersonal approaches to wellness and recovery. He is the author of *The Wide Open Door: The Twelve Steps, Spiritual Tradition, and the New Psychology*; the training manual *Doing Not Doing: A Facilitator's Guide to Holotropic Breathwork*; *Through Thunder - A Poetic Death Rebirth Journey* and seven screenplays combining the transpersonal perspective with modern popular culture. His new book *Movie Yoga: How to Turn Your Local Cinema into a Temple of Transformation* will be out later this year.

Artist: Sidney Watts: title 'All is One'



**Transpersonal Training
PRESENTS**



FURTHER FRONTIERS OF SCIENCE & THE COSMIC GAME

EXPLORATIONS OF HUMAN CONSCIOUSNESS

A SIX DAY WORKSHOP WITH HOLOTROPIC BREATHWORK

STANISLAV GROF & GTT STAFF

JULY 27 – AUGUST 1, 2008

The Columbine Inn, Taos Ski Valley, NM

Stanislav Grof will teach the first two days. Following that, GTT staff members will lead the remainder of the module, including four Holotropic Breathwork sessions and discussion, plus integration and support, art, music and dance.

In non-ordinary states of consciousness, such as those that occur during systematic meditational practice, shamanic rituals, psychedelic sessions, deep experiential therapy, and spontaneous psycho-spiritual crises ("spiritual emergencies"), people often encounter experiences that bring profound philosophical and spiritual insights into human nature and the nature of reality.

These insights revolve around such fundamental problems of existence as the mystery of the creative principle in the universe (God), the dynamics of the process of creation, the nature and function of the archetypal realm, the dilemma of good and evil, the "taboo against knowing who we are", karma and reincarnation, the role of consciousness in the universe, the relationship between consciousness and matter, and the purpose and meaning of human life.

In this workshop, the understanding of existence that has emerged from the study of non-ordinary states of consciousness will be compared with various spiritual and esoteric systems and with the revolutionary developments in Western science, usually referred to as the new paradigm. This presentation will include material not in Stan Grof's book *The Cosmic Game*, such as holography, virtual reality, the work of Ervin Laszlo, Rupert Sheldrake, and more.

No prior experience with Holotropic Breathwork is necessary. For those seeking certification as a Holotropic Breathwork practitioner, this is one of the mandatory modules.

At the Columbine Inn Conference Center, Taos Ski Valley, NM

Cost of \$1325 double or \$1560 single includes five nights lodging & catered meals.

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