



The Adventure of Self-Discovery

A Holotropic Breathwork™
Experience
with

STANISLAV GROF, M.D.

SAN RAFAEL, CALIFORNIA
JANUARY 26-29, 1995

co-sponsored by



HOLOTROPICS



HOLOTROPICS **The Healer Within**

*Exploring the Self,
Recovery, and Wholeness
using
Holotropic Breathwork™*

with
Tav Sparks
author of *The Wide Open Door*

Boise, Idaho
June 30 – July 2, 1995



The Adventure of Self-Discovery

*A Holotropic Breathwork™
Experience
with*

STANISLAV GROF, M.D.

MINNEAPOLIS/ST. PAUL, MINNESOTA
MAY 4-7, 1995

co-sponsored by



HOLOTROPICS



The Adventure of Self-Discovery

*A Holotropic Breathwork™
Experience
with*

STANISLAV GROF, M.D.

RESTON, VIRGINIA
SEPTEMBER 14-17, 1995

co-sponsored by



HOLOTROPICS



The Adventure of Self-Discovery

A Holotropic Breathwork™

Experience

with

STANISLAV GROF, M.D.

PARK CITY, UTAH

NOVEMBER 9-12, 1995

co-sponsored by



HOLOTROPICS