



# The Adventure of Self-Discovery

*A Holotropic Breathwork™  
Experience  
with  
CHRISTINA and  
STANISLAV GROF, M.D.*

SAN RAFAEL, CALIFORNIA  
JANUARY 28 – 31

*co-sponsored by*



**HOLOTROPICS**  
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# HOLOTROPICS

## The Healer Within

*Exploring the Self,  
Recovery, and Wholeness  
using  
Holotropic Breathwork™  
with*

**Tav Sparks**

*author of *The Wide Open Door**

**&**

**Christine Westfeldt**

*New Orleans, LA*

*April 8-10*

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*The Wide Open Door: Wellness  
in Recovery for the 90's*

**Evening talk with Tav Sparks**

*April 7, New Orleans*

# **BLAZING PATHWAYS**



*Presents*

## **The Healer Within**

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using

**Holotropic Breathwork™**

with

**TAV SPARKS**

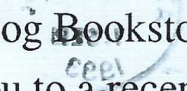
*Author Of*

*The Wide Open Door – The 12 Steps, Spiritual  
Tradition, And The New Psychology*

Tav will be assisted by  
**Joanne Wesson and SilverLeaf Noble**

**Missoula, MT  
June 11 -13, 1993**





The Old Black Dog Bookstore  
cordially invites you to a reception

honoring

**TAV SPARKS**

celebrating the publication of his new book

*The Wide Open Door*

*The Twelve Steps, Spiritual Tradition & The New Psychology*

Wednesday, Sept. 15

5:30 – 7:00 p.m.

1700 S. Lumpkin

549-2449



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Macon, GA  
September 17–19, 1993



# THE WIDE OPEN DOOR

## *Wellness in Recovery for the 90s*

The Twelve Steps, Spiritual Tradition & the New Psychology  
will be explored by TAV SPARKS  
author of *The Wide Open Door*

This presentation will explore the possibility of a revolutionary synergy  
between psychology, spirituality and recovery - a Western Yoga of the 90's

- October 20, 1993 • 7:00-9:00 pm -

Cost: \$10.00

Unitarian Universalist Church  
1800 Jefferson Avenue (corner of Daneel), New Orleans, LA

THE WIDE OPEN DOOR is what Joseph Campbell referred to as a "call to adventure." For anyone asking "Is this all there is to recovery?" or seeing the Twelve Steps as a limited close-ended program, Tav Sparks shows that the answer is no. Sparks opens doors to a new realm of awareness and spiritual practice by showing how the philosophical foundations of the Steps are connected to some of the world's greatest spiritual traditions.

### BOOK SIGNING

- Thursday, October 21, 1993 • 5:00-7:00 pm -

Maple Street Book Shop  
Old Metairie Shopping Center, Metairie Road, Metairie

#### What other professionals have said about THE WIDE OPEN DOOR:

"A groundbreaking book ... By drawing on the empirical wisdom of the Twelve Step traditions and the theory and practice of transpersonal psychology, *The Wide Open Door* offers exciting new perspectives in the additions field."

- Stanislav Grof, M.D., Author, *The Holotropic Mind* and *The Adventure of Self-Discovery*.

"Tav Sparks has provided a significant service in illuminating the way that deep Twelve Step recovery practice aligns with both ancient and contemporary ways of spiritual transformation."

- Linda Leonard, Ph.D., Author of *Witness to the Fire: Creativity and the Veil of Addiction*.

"*The Wide Open Door*" masterfully bridges the gap between the field of addictions and psychology which has left many clinicians and recovering people ill at ease..."

- Rokelle Luner, Author, *Daily Affirmations for Adult Children of Alcoholics* and  
*Affirmation for the Inner Child*

For further information concerning either event contact Christine Westfeldt at (504) 283-7485.





# September thru November 1993

## Whole Life Center/Thunderbird Schedule of Events



September 1

Wednesday, 7pm

**Bill Baldwin D.D.S., Ph.D.** lectures on "Healing the Planet - Healing the Self Through Spirit Releasement Therapy." Spirit Releasement Therapy is a clinical approach to an ancient and timeless problem which plagues individuals, couples, families, institutions, haunted houses, battlefields, natural disaster sites and other places of human tragedy. The earthbound souls of deceased humans can be released into the light - healing living people, structures and geographic locations on the planet. Learn how. \$5 admission.

September 9

Mini Psychic Fair

Thursday, 6pm - 9pm

September 10

Friday, 7pm

**Elisa Lodge**, transformational therapist, actress & international seminar leader, will demonstrate and share "The Secrets of Ageless Vitality." With over 35 years of teaching in the healing, expressive, movement & performance arts, she can effectively show each of us the inherent power to regenerate the inexhaustible source of life energy within us and how to reclaim your body's inherent wisdom and natural genius! Come experience how to tap this vital power and embody it in your daily life. \$5 admission.

to retreat to the solitude of the wilderness? The San Francisco author of *Hidden Walks in the Bay Area* tells us how it can be done. \$5 admission.



October 4

Monday, 7pm

**Tav Sparks**, writer, former addictions therapist, and theorist in the emerging field of transpersonal addiction and recovery, explores a new perspective on the power of the Twelve Step program of Alcoholics Anonymous in his book *The Wide Open Door*. He'll lecture about the new and deeper interpersonal level of the program by connecting the Steps to some of the world's greatest spiritual philosophies - Jungian psychology, yoga, the Tao, tribal rites of passage, and more. \$5 admission.

October 7

Mini Psychic Fair

Thursday, 6pm - 9pm

October 11

Monday, 7pm

**Stephen C. Clark**, former elementary teacher and economist who now is a newspaper publisher in Greenfield, lectures on *Daily Bread: A Metaphysical, Cybernetic, and Spiritual Examination of Money*. \$5 admission.

October 12

Tuesday, 7pm

**Victor Perera**, author of *Unfinished Conquest: The Guatemalan Tragedy*, speaks about his embattled country portrayed in his book which weaves personal narrative with reportage and oral testimony by those involved: victims, champions and villains in a society torn apart by violence and injustice. Thunderbird, no charge.



# A New Look at Spirituality

*A special program focusing on spiritual insight as a part of the 12-step recovery process.*

**October 11, 1993**

**9:30 a.m. to 4 p.m.**

**Pathways Alcohol and Drug Treatment Program**

**2620 Riva Road**

**Annapolis, Maryland**

*A New Look at Spirituality* is presented by Tav Sparks, author of "The Wide Open Door." Mr. Sparks will help participants to rediscover the Twelve Steps at a new and deeper level. His program masterfully bridges the gap between the field of addictions and psychology.

For individuals who may see the Twelve Steps as a limited close-ended program, Mr. Sparks opens doors to a new realm of awareness and spiritual practice by showing how the philosophical foundations of the Steps are connected to some of the world's greatest spiritual traditions. He candidly discusses the "unanswered cry for help" and isolation many people experience when they become restless with the Twelve Step program.

Tav Sparks is a writer, former addictions therapist, and original theorist in the emerging field of transpersonal addictions and co-dependence recovery. Through workshops, journal articles, talks, and now his book the "Wide Open Door," he presents an exciting new perspective for people working toward wellness and recovery.

The registration fee is \$20. Seminar participants are eligible to receive .5 CEUs. Register early by completing the registration form below and forwarding, with your check for \$20, to Pathways Alcohol and Drug Treatment Program. For more information, call Pathways at (800) 322-5858 or (410) 573-5400.

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## Registration Form

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Make checks payable to Pathways and mail to Pathways Alcohol and Drug Treatment Program, 2620 Riva Road, Annapolis, MD 21401.





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October 22-24