

## **GTT Floating and Apprenticing Guidelines**

### **Floating**

“Floating” is an option available for those seeking to transition from participant to apprentice. Floating is open to those in the training who have attended at least five modules (including the bodywork module) and who would like to have the experience of working alongside GTT staff while attending the module as a participant. Floating during a module can be for two of the breathwork sessions, or for all four breathwork sessions.

If you would like to float, and you have enough modules to do so, please let us know when you are registering for a module.

(Please note: the cost is the regular cost of attending a module)

### **Apprenticing**

Apprenticing is the opportunity to gain experience of the facilitator role within a supportive setting by working alongside GTT certified facilitators. It is also a requirement of the facilitator training program that trainees have a minimum of four experiences of working as an apprentice. (Apprenticing at a one-day workshop would count as one apprenticing experience, apprenticing at a double breathwork event, or GTT module, would count as two apprenticing experiences)

Trainees can apprentice in workshops facilitated by a certified Holotropic Breathwork facilitator (with the agreement and support of the facilitator) any time after the completion of five modules, one of which must be the bodywork module.

For those wishing to gain further experience of apprenticing, there is also the option of applying to join the GTT Advanced Apprentice Program. Applications are welcomed from those in the training who are already certified, or who have completed seven GTT modules, including the bodywork module.

If you would like to join the advanced apprentice program, and meet the requirements to do so, please complete and return the application form at the end of this pack. GTT will be in touch once your application has been processed.

(Please note: certified apprentices cover their own expenses: travel, room and board; non-certified apprentices cover their own expenses plus a fee of \$150).