

SHAMANISM

AN EXPLORATION OF TRADITIONAL WISDOM

A SIX-DAY WORKSHOP WITH HOLOTROPIC BREATHWORK

CEUs AVAILABLE



LED BY DIANE HAUG

FEBRUARY 12 - 17, 2011

Joshua Tree Retreat Center, Joshua Tree, CA

Cost of \$1,365 includes five nights in a double room (singles are also available)
and delicious catered meals

SHAMANISM IS THE MOST ANCIENT OF HUMANKIND'S SPIRITUAL, MEDICAL, AND PSYCHOLOGICAL DISCIPLINES. A VISIONARY TRADITION, SHAMANISM IS A PRACTICE UTILIZING ALTERED STATES OF CONSCIOUSNESS TO CONTACT THE SPIRITS OF THE NATURAL WORLD. WITH LIFE ON OUR PLANET IN DANGER — LIFE OUT OF BALANCE — SHAMANIC CULTURES HAVE MUCH TO TEACH WITH THEIR RESPECT AND REVERENCE TOWARD NATURE.

THIS WORKSHOP WILL PROVIDE A BROAD INTRODUCTION TO SHAMANISM AS IT RELATES TO BOTH OUR PERSONAL HEALING JOURNEY AND MODERN PSYCHOLOGY. IN ADDITION TO USING HOLOTROPIC BREATHWORK AS AN EXPERIENTIAL TOOL FOR EXPLORING THE HEALING POTENTIAL OF NON-ORDINARY STATES OF CONSCIOUSNESS, THIS WORKSHOP WILL INCLUDE THE USE OF MEDITATION, GUIDED JOURNEY WORK, MOVEMENT, SILENT TIME IN NATURE, AND ART.

Diane Haug, MA, LPCC is a licensed mental health professional and certified practitioner of Grof Holotropic Breathwork. Her background includes a decade of working with adults and children dealing with life-threatening and terminal illness, as well as a seven-year cycle living alone in a wilderness setting. Her intimacy with the natural world has informed her interest in shamanism and the wisdom traditions of earth-based cultures. With a long-standing interest in the healing potential of non-ordinary states of consciousness, Diane has a wide variety of experiences with healers from North America, Brazil, Peru, Ecuador and Mexico. As a senior member of the Grof Transpersonal Training staff, Diane has been involved in teaching workshops and professional trainings throughout the world. She has developed GTT training modules including Shamanism and The Language of the Soul: The Art and Practice of Integrating Deep Inner Experiences. Diane is presently on the advisory boards of both the Satyana Institute and WASIWASKA: Research Centre for the Study of Psychointegrator Plants, Visionary Art and Consciousness in Florianopolis, Brazil and is an adjunct faculty member with Southwestern College in Santa Fe, New Mexico.

To take part in this event, please contact Grof Transpersonal Training
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