

Grof Transpersonal Training

38 Miller Avenue PMB 516
Phone# (415) 383-8779
Fax# (415) 383-0965
gtt@holotropic.com
www.holotropic.com

Warm greetings,

Below you will find information about, and registration forms for, the two GTT Holotropic Breathwork workshops in Joshua Tree, California coming up in February. The six-day module format is a unique opportunity to deepen your process of self-exploration and directly experience the healing potential of non-ordinary states using Holotropic Breathwork. You will meet like-minded people from around the world, and explore together in a safe and supportive environment. Plus, you will learn tools and techniques for living a more creative and fulfilling life. Finally, you will have extensive personal contact with some of the best Holotropic facilitators in the country. The desert in February is warm, the facility welcoming and interesting, and our caterer, Gabriella, provides truly delicious food. Those new to Holotropic Breathwork are always welcome.

We are pleased to announce Stanislav Grof, M.D. will again join us to teach the first two days of 'The Architecture of Psychopathology'.

The second six-day, led by senior GTT staff member Diane Haug, is an overview of the timely topic of the use of and research on psychedelics for transformation and healing. Descriptions of both topics are below.

WHAT AND WHEN:

THE ARCHITECTURE OF PSYCHOPATHOLOGY **Sunday**, February 5 to **Friday**, February 10, 2012

*first two days led by **Stanislav Grof**, followed by four days with Diane Haug and GTT staff

THE PSYCHEDELIC EXPERIENCE – PROMISES AND PITFALLS **Sunday**, February 12 to **Friday** 17, 2012

led by **Diane Haug** with GTT staff.

Registration: Sunday, February 5th at 9:30 am. The module will start after registration, approx. 10:30 am.

Sunday February 12th at 3.30pm. The module will start after registration, approx. 4.30pm.

Departure: Friday, February 10th approx. 2:00 pm

Friday, February 17th approx. 3.30 pm

DAILY SCHEDULE: Except for the first and last days (see directly above), this will be the approximate daily schedule:

| | | | |
|------------|-------------------|--------------------|--------------|
| Breakfast: | 8:00 - 9:00 am | Afternoon session: | 2:30 p.m. |
| Begin: | 9:00 am | Dinner: | 6:00 p.m. |
| Lunch: | 12:30 - 2:00 p.m. | Evening Session | 7-10:00 p.m. |

WHERE:

Joshua Tree Retreat Center
59700 29 Palms Highway
Joshua Tree, California 92252

phone: 760-365-8371
fax: 760-228-0626
e-mail: victoria.jtrc@yahoo.com

Joshua Tree Retreat Center is a secluded, peaceful meditation center located on 420 acres of pristine desert land just 90 minutes from Orange County Airport, 50 minute from Palm Springs Int'l Airport and only 5 miles away from Joshua Tree National Park. The architecture is a collaboration between Frank Lloyd Wright and his son, Lloyd Wright. Each room is furnished with two twin beds and a private bathroom. Wireless Internet is available for additional fee. **Please have people contact you at Joshua Tree Retreat Center, not through the GTT office.**

Each module can provide 44 Continuing Education hours for MFT and Social Workers in California, which may also be reciprocal with other states. If you are already a certified HB practitioner, your fee is reduced by \$150.

ACCOMMODATIONS: There are two rooming options: single and double. We hope to be able to accommodate everyone's first choice. If you want a double and have a roommate in mind, please let us know. If there are more singles requested than available, we will let you know that you will be in a double. Similarly, if an odd number of persons request doubles, the last person to register will be notified and he or she will be asked to pay the difference.

COST: Including training, room and meals: double - \$1395 single - \$1595

IMPORTANT: If we cannot give you your first choice of rooming, your fee will be adjusted to match the actual rooming situation you occupy. We will also do our best to match you with a roommate who is staying the same extra nights, but if that doesn't work out, the cost will reflect the actual rooming (single or double).

ADDITIONAL ACCOMMODATIONS FOR EXTRA NIGHTS: Arrangements for any additional nights' lodging before or between the modules that are not included in your training fees must be made through GTT on the registration form. **Because we will be charged for them, if you have a cancellation or no-show for extra nights after the cancellation cut-off date for the modules, we will not be able to give refunds or credit.** Rates for extra nights are as follows: *Extra nights before or between, including dinner and breakfast:* **double \$80 single \$95**

MEALS. Meals will begin on Sunday at lunch and go through Friday at lunch. All meals in between are included. Sunday morning breakfast will be on your own unless you have a room for that night.

SPECIAL REQUESTS: Beyond asking if you are a vegetarian, we cannot do special dietary requests, which have been too hard for the food providers. Each meal will offer choices, however, if having special food is important to you, please plan to bring what you need.

TRANSPORTATION: Travel info for airport, shuttle, and driving is on a separate page. Let us know if you need one.

WHAT TO BRING: Comfortable clothes, walking shoes or hiking boots, warm jacket, hat, rain gear, personal journal, sunscreen, water bottle, swimsuit, lip balm, flashlight (it is very dark in the desert). Keep in mind the desert climate – it is very dry so please bring sunscreen, a water bottle and layered clothing for cool mornings and evenings. Sorry, no pets.

IMPORTANT NOTE: Participants will not be allowed to take pillows, blankets, or mattresses from sleeping rooms into the group room. Mats and sheets (but not pillows) are provided, but you may bring your own.

REGISTRATION FEES: Your fees will include tuition, meals and lodging as indicated above. Payment should be made by January 8 with your registration. Please make checks payable to: GROF TRANSPERSONAL TRAINING.

CANCELLATION POLICY: \$50 of your payment per each module is a non-refundable processing fee. The balance is refundable upon cancellation until January 23. There can be no refunds for any reason after that date. If you send a registration form without sending a payment, the cancellation policy still applies and you will be expected to pay any amounts due.

SUBSTANCE USE POLICY: Use of any non-prescription drugs or other illegal substances is not permitted during the training, including time off between modules, or at the training site. Anyone using such drugs or substances during the training or between modules or at the training site will not be allowed to continue in the training program or to become certified in Holotropic Breathwork.

The Architecture of Psychopathology

This module explores the traditional understanding of various forms of psychopathology of psychogenic origin, as well as the new insights into their nature and dynamics that have emerged from experiential psychotherapy and the work with non-ordinary states of consciousness. This work has revealed that psychogenic disorders cannot be adequately explained in the context of biographical models, but have also significant perinatal and transpersonal dimensions. This module includes discussions of various phobias, inhibited and agitated depression, suicidal behaviour, obsessive-compulsive neurosis, conversion hysteria, sexual dysfunctions and deviations, impulsive disorders, psychosomatic illnesses, and addictions.

The Psychedelic Experience- Promises and Pitfalls

The pioneering psychedelic research of Stanislav Grof, MD, is informing a whole new generation of scientists, who are again examining the enhanced wellness, healing, creativity, and spirituality inherent in the psychedelic experience. In this residential retreat in the desert of Joshua Tree, CA, we will dive deep into the exciting and often challenging terrain of the current 'Psychedelic Renaissance'. Topics will include time-honored, cross-cultural use, visionary technological/artistic contributions, current government-supported research, and 'skillful means' for supporting someone in crisis. There will be opportunity for spirited discussion of the transformative power of these experiences, as well as the personal and cultural context necessary for their understanding and integration.

See Diane Haug's bio on our website, <http://www.holotropic.com/bios-gtt-staff.shtml#diane>

We hope to see you soon! Warm regards, GTT staff

